

ANGER Management Group

A 13 week group for boys & girls ages 7 – 10

Topics Include:

- ➔ Understanding Anger
- ➔ Safe Ways to Express Anger
- ➔ Cognitive Restructuring
- ➔ Relaxation
- ➔ Conflict Management



WHEN: Group meets Tuesdays

WHERE: The Cornell Scott-Hill Health Center
Child and Family Guidance Clinic
226 Dixwell Avenue, New Haven, CT



Cornell Scott
Hill Health
Center

www.cornellscott.org •   

For more information, please ask your child's clinician or contact:
Kara Plocher, LPC Clinical Social Worker at: (203) 503-3512