

# ANGER Management Group

**A 15 week group program for boys and girls ages 7 to 10**

## Topics Include:

- ➔ Understanding Anger
- ➔ Safe Ways to Express Anger
- ➔ Cognitive Restructuring
- ➔ Relaxation
- ➔ Conflict Management



**WHEN:** Damaris Rodriguez, MSW or Christopher Martula at (203) 503-3055 for details

**WHERE:** The Cornell Scott-Hill Health Center Child and Family Guidance Clinic  
400 Columbus Ave., New Haven, CT



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Center

www.HillHealthCenter.com •   

**For more information, please ask your child's clinician or contact:  
Damaris Rodriguez, MSW or Christopher Martula at: (203) 503-3055**