

Art Therapy & Coping Skills

Utilizing art therapy techniques and interventions
to identify positive coping skills



A group for girls
ages 12–15

This group will
focus on:

- ▶ Learning to identify stressors and triggers
- ▶ Using art as a coping skill

**Group meets Wednesdays
from 5–6 pm**

Cornell Scott-Hill Health Center
Child and Family Guidance Clinic
400 Columbus Ave., New Haven

For more information, contact:
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