

Expressive Therapy

An open group for anyone looking for a healthy way to express their emotions

Participants in this group will:

- Create works of art
- Use creative outlets to problem solve
- Develop new coping skills



Group meets Mondays at 2 pm

at the Adult Psychiatric Clinic
400 Columbus Avenue, New Haven

Group led by Christine Paturzo, LCSW
and Paul Hernandez, BS

**For more information, contact
Christine Paturzo at 203-503-3346**



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