

Let's Move!

A Wellness Fair for Hamden Families



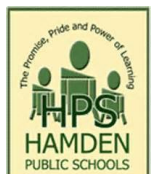
February 1, 2014.
9:00 a.m.-12:00 p.m.
Dunbar Hill School
315 Lane Street Hamden*

*The Wellness Fair will focus on healthy family living and will include activities and information on nutrition, physical activity, safety, healthy practices and resources for good health. This event builds upon our dedication to improving the health of Hamden families. (*Inclement weather date is February 8th, 2014.)*

Come in from the cold and join us as we engage in a fun morning of physical activity, learning, community building and healthy treats!

*Interactive Dance and Exercise Demonstrations. Special Guests. Moon Bounce. Inflatable T-Ball Game. Make Your Own Fruit Kabobs. Make Your Own Jump Rope. And Much, Much More!
Fun For All Ages!*

It's Free, too!



Exhibitors

Albertus Magnus College

B&D Solutions-IsAgenix

bringthehoopla

CERT

CommuniCare, Inc.

Connect Family Dental

*Connecticut Dental Health
Partnership*

Cornell Scott Hill Health Center

Department of Transportation

Highway Safety Office

Donate Life Connecticut

Fair Haven Community Health Center

FRC for Access Health CT

It Works Global

*Hamden Arts, Recreation &
Culture Department*

*Hamden Chiropractic Health and
Spine*

Hamden Fire Department

Hamden/North Haven YMCA

Hamden Police Department

Hamden Youth Advisory Council

Monarch Therapeutic Services

Quinnipiac University Nutrition Class

*Quinnipiac Student Athlete Advisory
Committee*

Rite Aid

Soulcraft BJJ

Sylvan Learning Center

TAD-G's Fitness

*Thyme and Season Natural Food
Market*

The One Joy Center for Wellness

TM-Transcendental Meditation

True Colors

Whippersnapper's Play Gym