

# It's time to prevent girl Bullying

Girls age 10–14 are invited to join  
Cornell Scott-Hill Health Center's  
Child and Family Guidance Clinic  
for this **10 week group**.



## Girl Bullying: Relational Aggression Prevention

For more information contact  
Rachel Collins, LPC

203-503-3055  
rcollins@hillhealthcenter.com

### During this 10 week group girls will:

- Learn strategies for dealing with relational aggression
- Challenge negative belief systems about girl's behaviors
- Learn assertiveness skills and strategies
- Build self-esteem and confidence

