

Heart Month

Take care
of your heart

Stop by our fun and interactive table
this February during heart month!

The table will be set up:

FRIDAY, 2/1

GO RED FOR WOMEN DAY – WEAR RED!
8:00 AM – 10:00 AM & 11:30 AM – 12:30 PM
& 2:00 PM – 4:00 PM

MONDAY, 2/4

8:30 AM – 10:00 AM & 1:30 PM – 3:00 PM

MONDAY, 2/11

8:30 AM – 10:00 AM & 1:30 PM – 3:00 PM

THURSDAY, 2/14

8:30 AM – 10:00 AM

MONDAY, 2/18

8:30 AM – 10:00 AM & 1:30 PM – 3:00 PM

THURSDAY, 2/21

8:30 AM – 10:00 AM

MONDAY, 2/25

8:30 AM – 10:00 AM & 1:30 PM – 3:00 PM

The Wellness Education and Outreach Department
will be hosting a fun and interactive table all about
heart health throughout the month of February.

Recipes, Handouts, Giveaways and Great Visuals!

**Learn about the dangers of high blood
pressure, high cholesterol and how you
can control it.**

Join us at the Cornell Scott-Hill Health Center
428 Columbus Avenue, New Haven
In the Registration Area



Cornell Scott
Hill Health
Center