



How Mental Illness touches the whole family

A ten week group for girls ages 9 – 14

Mondays

4:00 – 6:00 p.m.

**Child and Family Guidance
400 Columbus Ave., New Haven**

**Call Augusta Colodette:
203-503-3062**

In this group you will:

- Learn how mental illness affects the whole family
- Learn relaxation techniques including activities such as knitting, jewelry making, and flower making



**Cornell Scott
Hill Health
Center**

www.cornellscott.org •   

