

Leadership Profile



Dr. Ece Tek **Chief of Behavioral Health Services**

In 2011, Dr. Ece Tek joined the Cornell Scott-Hill Health Center team, bringing with her a wealth of experience as well as a strong desire to make a difference in others' lives. Initially, Dr. Tek served as the Medical Director for the health center's Adult Psychiatric Clinic. Today, Dr. Tek is the Center's Chief of Behavioral Health. In that role, Dr. Tek oversees and guides all of the health center's behavioral health programs including mental health, addiction, and developmental services for adults, children and families.

Prior to joining the health center, Dr. Tek amassed an impressive resume, including the following:

- 2011-current: Assistant Clinical Professor, Department of Psychiatry, Yale University, School of Medicine
- 2007-2011: Assistant Professor, Department of Psychiatry, Yale University, School of Medicine
- 2011-2011: Medical Director of Transitional Living Program, Connecticut Mental Health Center
- 2008-2011: Attending Psychiatrist, Connecticut Mental Health Center
- 2007-2008: Attending Psychiatrist, Yale Psychiatric Hospital
- 2005-2007: Staff Psychiatrist, Institute Of Living
- 2004-2005: Addiction Psychiatry Fellow, Department of Psychiatry, Yale University, School of Medicine
- 2003-2004: Instructor, Department of Psychiatry, Dartmouth Medical School
- 2003-2004: Geriatric Psychiatry Fellow, Dartmouth-Hitchcock Medical Center
- 1999-2003: Resident, Psychiatry, Sheppard Pratt / University Of Maryland Psychiatry Program (Chief Resident, 2002-2003)

During the course of her career, Dr. Tek has developed expertise in cultural diversity, dual diagnosed patients, integrated care and holistic medicine; expertise from which the health center's patients are now benefitting.

Dr. Tek has certainly had a positive impact on the health center and the patients it serves since joining the team. Her many accomplishments include establishing integrated care (treating the whole person), creating stronger relationships with primary care providers and implementing a holistic treatment program that combines treatments such as acupuncture with traditional Western medicine.

When she is not at work, Dr. Tek enjoys spending time with her family including her dog, who she loves to take on long walks. She also spends time pursuing the same passions that she does at work. For example, she participated in a cultural diversity workshop for Martin Luther King, Jr. Day.