



**Wednesdays
4:30–5:30 pm**

Child and Family Guidance
400 Columbus Avenue,
New Haven

Peer Parents

A group for parents to learn together, share their needs and accomplishments and provide support to others

This group will include psychoeducation, parenting strategies, relaxation techniques, and ways for parents to improve themselves as individuals.

Arts and crafts will be the medium used for strengthening and bonding members.

This group is pure excitement!

**For more information please
call 203-503-3055**



Cornell Scott
Hill Health
Center

www.cornellscott.org •   