



Mondays at 10am & 12pm
Thursdays at 12pm

Northside Community
Outpatient Services
226 Dixwell Avenue, New Haven

Relapse Prevention Group

An outpatient group for adult clients enrolled in treatment at Northside with a history of substance abuse who have committed to behavioral changes and implemented steps to achieve these goals

During this group you will:

- Increase your knowledge of the relapse prevention skills needed to maintain long-term sobriety
- Identify the pros and cons of relapse and sobriety
- Explore the core issues that impact substance use

Talk with your clinician to find out which group will be right for you.



Cornell Scott
Hill Health
Center

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