



May is **Stroke Month**

The Wellness Education and Outreach Department is recognizing Stroke Month this May. Visit us to:

- Learn what you need to know about stroke
 - Get Free Health Screenings
- Get Free Anytime Take Home CPR Kits when you participate in our free, non-certified CPR training and agree to train others

**Thursday, May 9, 2013
& Wednesday, May 22, 2013**

3:00–6:00 pm (both days)

**The Wilson Library
303 Washington Avenue, New Haven**

LEARN TO IDENTIFY STROKE

F.A.S.T.

- FACE:** Ask him or her to smile.
- ARM:** Ask him or her to raise their arms.
- SPEECH:** Ask him or her to speak a simple sentence.
- TIME:** Call 9-1-1 immediately if he or she has trouble with any one of these tasks.

Learn more this May during Stroke Month!



**Cornell Scott
Hill Health
Center**