

IMPORTANT CONTACTS:

**Cornell Scott-Hill Health Center
OB/Gyn Department**
(203) 503-3094 or (203) 503-3097
(Weekdays 8:30 a.m. – 5:00 p.m.)

**Cornell Scott-Hill Health Center
Main Number**
(203) 503-3000
(Nights and Weekends)

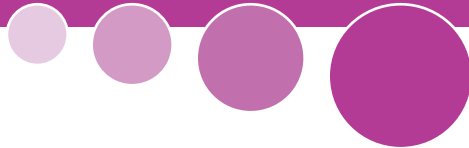
**Cornell Scott-Hill Health Center
Pediatrics Department**
(203) 503-3030

Hospital of Saint Raphael
Labor and Delivery, 5th floor
1450 Chapel Street
(203) 789-3461



Congratulations!

Your Next Four Appointments:



Date:

Time:

_____	_____
_____	_____
_____	_____
_____	_____



*It's your last weeks
of pregnancy!*



Cornell Scott
Hill Health
Center

428 Columbus Avenue • New Haven, CT 06519
OB/Gyn Department: (203) 503-3094 • Main: (203) 503-3000
www.HillHealthCenter.com

Signs you are in labor:

Call us if you think you are in labor!

- You have contractions (your uterus is tightening) every 5 – 10 minutes
- Your water breaks (water is coming out and you cannot make it stop) even if there are no contractions

Labor:

- 1) Call Cornell Scott-Hill Health Center (CS-HHC) OB/Gyn Department at (203) 503-3094 and we will tell you when to go to the hospital.
- 2) Call (203) 503-3000 at night and on weekends. The answering service will have a midwife call you back.
- 3) If you cannot reach anyone at CS-HHC on the phone, call Saint Raphael's at (203) 789-3461 to let them know you are having labor pains so they will be expecting you.

Deliveries:

- You will have your baby at the Hospital of Saint Raphael with a midwife.
- The hospital will have your information in order to take good care of you.
- There is a doctor at the hospital for emergencies and surgeries.



Call IMMEDIATELY if:

- Your baby is moving less than normal
- You have more than 4 contractions per hour BEFORE 37 weeks of pregnancy
- You have a fever over 101° F
- You have a headache that won't go away with medication, rest or fluids
- Your eyesight changes
- You have very strong pelvic pain
- You have bright red bleeding
- Your water breaks

After you deliver:

- 1) Your baby will see a doctor at CS-HHC when he or she is 2–3 days old and again at 2 weeks old.
- 2) You will see your OB provider 2 weeks and 6 weeks after you deliver.
- 3) Call with any questions or concerns you have before your scheduled visit.

Breastfeeding Support:

Irene Cullagh, RN IBCLC

Provides breastfeeding advice

Hospital of Saint Raphael: (203) 789-3372

For home visits, call: (203) 980-5086

Dr. Christina Smillie, BCLC

Breastfeeding information

2505 Main Street, Suite 223, Stratford, CT 06615

Call: (203) 375-5812

La Leche League Helpline

(860) 563-6624

www.llusa.org/CT/CT.html

